



Program Agenda, Day One

Friday, January 19, 2024

- 12:00 pm Registration, Networking, Light Refreshments, Visit Exhibitor Tables
- 1:00 pm Welcome, Background and Purpose, Acknowledgement of Special Guests
Dr. Beverly Gor, Summit Chair
Andrea Caracostis, MD, MPH, CEO of the Asian American Health Coalition/HOPE Clinic
White House Initiative on Asian Americans, Native Hawaiians and Pacific Islanders
Executive Director, Ms. Krystal Ka'ai
Health and Human Services, Acting Region VI Administrator, Ms. Julia Lothrop
Harris County Public Health Department, Ms. Jennifer Kiger
Houston Health Department, Dr. Deborah Banerjee
Acknowledgement of sponsors
- 1:20 pm AAPI Mental Health: Current Resources and Needs
Keynote – Asim Shah, MD, Professor & Executive Vice Chair, Menninger Dept of Psychiatry
Baylor College of Medicine
- 2:30 pm PANEL DISCUSSION-Experiences of Behavioral Health Clinicians with AAPI Clients
Khursheed Zia, MD, Dr. Peggy Yang, Moderator and Panelist: Dr. Vandana Varma
- 3:30 pm Break, Transition to Breakout Session Rooms
- 3:45 pm **CONCURRENT BREAKOUT SESSION ONE**
- Chang **YOUTH**
- Conf Room Dr. Jeffrey Liew, Update on Asian American Adolescents and Mental Health
2nd floor The Honorable Judge Juli Mathew, Juvenile Intervention and Mental Health specialty court
Moderator: Dr. Cassandra Diep
- 3rd Floor **FAMILY/DOMESTIC ISSUES**
- Board Room Rachna Khare, DAYA
Dr. Paul Rowan, University of Texas School of Public Health
Dr. Rose Yang, Baylor College of Medicine, Perinatal Mental Health of AAPI Women
Moderator: Shane Chen
- Community **COMMUNITY**
Room West Thu Nguyen, Executive Director, National OCA, Stop AAPI Hate campaign
Dr. Joan Deng, Stanford Univ. (REMOTE) Discrimination of Asian medical trainees during COVID
Anum Ali, LPC, NCC, Reaching Immigrants through mental health first aid
Moderator: Dr. Gordon Shen
- Community **OLDER ADULTS**
Room East Dr. Christina Miyawaki, Needs of Vietnamese Older Adults
Dr. Jiali Sun, Alzheimer's in the Chinese community
Dr. Qian Lu, Creating Solutions to Improve Quality of Life for Asian American Cancer Survivors
Moderator: Chi Mei Lin
- 5:00 pm Adjourn to Reception on First Floor

Reception, Poster Sessions and Judging

Youth Art on Mental Health Display

Visit Exhibit Tables

Networking

7:30 pm

Adjourn for the Evening

Program Agenda, Day Two, Saturday, January 20, 2024

- 8:30 am Registration, Breakfast, Networking, Posters and Art Work on Display
- 9:00 am Welcome and Announcements
Rogene Gee Calvert, Co-founder and Former Board Member of AAHC/HOPE Clinic
- 9:15 am Keynote Speaker: AANHPI Mental Health: Where We Are and Where We Are Going
Pata Suyemoto, PhD, Incoming Exec Director, National Asian American Pacific Islander Mental Health Association (NAAPIMHA)
- 9:45 am **CONCURRENT BREAKOUT SESSION TWO**
- Community **YOUTH and FAMILY/DOMESTIC ISSUES**
Room West State Representative District 137, Gene Wu, Juvenile Justice Reform
Tuan Nguyen, LCSW, A Clinical Social Worker’s Perspective on AAPI Youth
Sheila Savannah, MA, Prevention Institute
Moderator: Anila Khan, MD
- Community **COMMUNITY**
Room East Sarwa Numan, CHW, Focusing on the special needs of refugees and new immigrants
Kimberly Le, MA, LPC, LCDC, What Asian Americans should know about crisis intervention
Johnny Lin, LMFT, Navigating Mental Health Resources
Moderator: Dr. Beverly Gor
- Chang Conf **OLDER ADULTS**
Room Mike Nguyen, The Bamboo Villages
2nd floor Sanford “Sandy” Rodgers, A PACE Program for Houston Asian American Older Adults
Angela Chen, Director of Adult Day Center, Chinese Community Center
Moderator: Tina Tran, State Director for AARP
- 11:00 am Break, Snacks, Light Refreshments, Posters and Artwork on Display, Visit Exhibitor Tables
- 11:15 am **CONCURRENT BREAKOUT SESSION THREE**
- Chang **YOUTH**
Conf Room Stacy Lin, PhD, Stanford University (REMOTE), Disordered eating and body image among AAs
2nd floor Dr. Jennifer Yen, MD, When Talking Isn’t Enough: Introduction to Mental Healthcare and Medical Treatment
Karishma Mendes, MS, LPC, Performance anxiety, combating mental health stigma and the model minority myth
Moderator: Paul Yeh, MD, MPH
- 3rd floor **FAMILY/DOMESTIC ISSUES**
Board Room Rachna Khare, DAYA
Maryam Kamal Eldin, Asians Against Domestic Abuse (AADA)
Jennifer Fischer, PA-C, Efforts to Address Human Trafficking in Houston
Moderator: Ping Ma, PhD
- Community **COMMUNITY**
Room West Phuong T. Nguyen, PhD, Zoey Ng, PhD, Baylor College of Medicine
Mariana Barahona, Hope and Healing Center and Institute
Angelina Brown Hudson, MPA, NAMI of Greater Houston

Moderator: Lynne Nguyen, MPH

Community
Room East

OLDER ADULTS

Jeri Shikuma (REMOTE), Asian Community Center, Sacramento, CA

Steven Lee, Lac Hong Adult Day Center

Paula Johnson, MPH, Harris County Area Agency on Aging

Moderator: Ms. Kristie Brooks, SAMHSA Region VI Administrator

12:30 pm

Reassemble in Community Room for Closing Session

Call to Action: Dr. Anhlan Nguyen, Author and Health Coach

1:00 pm

Dr. Beverly Gor, Summit Chair

Expressions of appreciation, acknowledgement of committee, sponsors

Evaluation and Adjourn

Summit Planning Committee

Dr. Beverly Gor, Chair

Dr. Ronald Abraham
Dr. Hina Azam
Rogene Gee Calvert
Sin Ying Chan
Dr. Stephen Chao
Albert Cheng
Dr. Cassandra Diep
Angelia Guinara
Dr. Tuong-Vi Ho

Aila Jiang
Emily Lee
Dr. Ping Ma
Dr. Christina Miyawaki
Lynne Nguyen
Christi Nguyen
Dr. Gordon Shen
Dr. Paul Yeh

AAHC/HOPE Clinic Staff
Dr. Andrea Caracostis
Shane Chen
Yoshira Cuellar
Anila Khan
Justin King
Chau Le