WITH SUPPORT FROM THE HOGG FOUNDATION,





YOUTH LEADERSHIP RESILIENCY PROGRAM

Build your leadership skills to stand out in college applications, work with non-profit organizations, learn and talk about mental health, and get community service hours for school.

Through this program, you will gain the skills to become a mental health advocate and have an opportunity to create change.

High school and University youth have the opportunity to

- Serve as a member on the AAAA Youth Resiliency Council
- Learn about mental health and mental health resources through presentations and discussions led by college students and professionals
- **Participate in webinars** led by mental health professionals, such as psychiatrists, psychologists, and leaders in nonprofits
- Network with other high school students and meet college student leaders
- Connect and volunteer with local non-profit organizations, including community healthcare non-profits to stand out in college applications
- Obtain community service hours by participating in discussions
- Receive a certificate and recognition at the end of the program

Apply now to be a part of the **20-student program** led by Rice University student Celine Nguyen

ASIAN YOUTH (AGES 15-24) ENCOURAGED TO APPLY
TO APPLY, CONTACT ANEELA KHAN AT AKHAN@HOPECHC.ORG

ASIAN AMERICAN HEALTH COALITION, 7001 CORPORATE DR, HOUSTON, TX 77036 713-773-0803 EXT 192



