



## Psychosocial Assessment – Behavioral Department

*This information will be treated as CONFIDENCIAL according to HIPPA regulations  
After you complete this form, please fold and put it in attached envelope to ensure confidentiality. You will be called to  
set up an appointment for Behavioral Health services within 3 days after receipt.*

### **Must be completed before getting an appointment for Psychiatry or Counseling**

Name of Patient: \_\_\_\_\_

Name of Parent/Guardian completing this form \_\_\_\_\_

Gender: \_\_\_\_\_ Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_ Age \_\_\_\_\_

Marital Status \_\_\_\_\_ Ethnicity: \_\_\_\_\_ Phone # \_\_\_\_\_

Languages Spoken: \_\_\_\_\_ Need Translator? Yes \_\_\_ No \_\_\_

Describe presenting problem and what do you expect to achieve in treatment:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Past Psychiatric/Psychological History: Have you been in treatment before? when? With whom? \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Currently taking any psychotropic Medications? (ie. Antidepressants, etc.) if yes, please list them:

\_\_\_\_\_  
\_\_\_\_\_

### High Risk Behaviors

None \_\_\_ Cutting \_\_\_ Anorexia/Bulimia \_\_\_ Head Banging \_\_\_ Self injurious behaviors \_\_\_\_\_

Other: \_\_\_\_\_

Do you feel you have ever been exposed to trauma or traumatic event/Abuse as a victim or as a perpetrator?

YES \_\_\_ NO \_\_\_ : Domestic Violence \_\_\_ Physical \_\_\_ Emotional \_\_\_ Sexual \_\_\_ War \_\_\_\_\_

As a child \_\_\_ As an adult \_\_\_

Are you currently at risk of the above? Yes \_\_\_ No \_\_\_

### Family/Social History

Where were you born/raised?:

\_\_\_\_\_  
\_\_\_\_\_

Siblings: # of brothers \_\_\_ # of sisters \_\_\_\_\_

Who primarily raised the patient? \_\_\_\_\_

If you have children, specify # and ages: \_\_\_\_\_

Current living situation (housing, with whom?): \_\_\_\_\_

Family History of Mental Illness, and or addiction (which relative and which mental illness):

**Employment**

What is the current employment status? Employed \_\_\_ Unemployed \_\_\_ Retired \_\_\_ in the Military \_\_\_

Disable \_\_\_\_\_

**Education**

Highest grade completed \_\_\_\_\_: College Grad \_\_\_ College Undergrad \_\_\_ High School \_\_\_ Elementary \_\_\_

If in school, name it : \_\_\_\_\_

Religious/Spiritual background: Yes \_\_\_ No \_\_\_ \_\_\_\_\_

**Issues Affecting Patient:**

Finances \_\_\_ School \_\_\_ Family relationships \_\_\_ Social relationships \_\_\_ Safety \_\_\_ Legal \_\_\_\_\_

Cognitive functioning \_\_\_ Physical health \_\_\_ Housing \_\_\_ Impulse control \_\_\_ Immigration \_\_\_\_\_

Other: \_\_\_\_\_

**Developmental History : (For Minors only)**

Milestones: What age did patient seat \_\_, crawled \_\_, walked \_\_, talked \_\_ how was emotional behavior \_\_\_\_\_

**Risk of Harm:**

History of suicidal attempts: No \_\_\_ Yes \_\_\_ When? \_\_\_\_\_

Thoughts of harm yourself?

Never \_\_\_\_\_

Yes right now \_\_\_\_\_,

Yes \_\_\_ last 30 days \_\_\_\_\_

Yes \_\_\_ last year \_\_\_\_\_

Historical/over a year \_\_\_\_\_

Have you had thoughts of harm others?

Never \_\_\_\_\_

Yes right now \_\_\_\_\_,

Yes \_\_\_ last 30 days \_\_\_\_\_

Yes \_\_\_ last year \_\_\_\_\_

Historical/over a year \_\_\_\_\_

Have you ever been hospitalized for a psychiatric condition? No \_\_, Yes \_\_\_ Date \_\_\_\_\_ Where? \_\_\_\_\_

Currently using Alcohol, Drugs: Yes \_\_\_ No \_\_, If yes describe what and frequency \_\_\_\_\_

Patient Signature or Parent/Guardian \_\_\_\_\_ Date \_\_\_\_\_