



Psychosocial Assessment – Behavioral Department

*This information will be treated as CONFIDENCIAL according to HIPPA regulations
After you complete this form, please fold and put it in attached envelope to ensure confidentiality. You will be called to
set up an appointment for Behavioral Health services within 3 days after receipt.*

Must be completed before getting an appointment for Psychiatry or Counseling

Name of Patient: _____

Name of Parent/Guardian completing this form _____

Gender: _____ Date of Birth: ____/____/____ Age _____

Marital Status _____ Ethnicity: _____ Phone # _____

Languages Spoken: _____ Need Translator? Yes ___ No ___

Describe presenting problem and what do you expect to achieve in treatment:

Past Psychiatric/Psychological History: Have you been in treatment before? when? With whom? _____

Currently taking any psychotropic Medications? (ie. Antidepressants, etc.) if yes, please list them:

High Risk Behaviors

None ___ Cutting ___ Anorexia/Bulimia ___ Head Banging ___ Self injurious behaviors _____

Other: _____

Do you feel you have ever been exposed to trauma or traumatic event/Abuse as a victim or as a perpetrator?

YES ___ NO ___ : Domestic Violence ___ Physical ___ Emotional ___ Sexual ___ War _____

As a child ___ As an adult ___

Are you currently at risk of the above? Yes ___ No ___

Family/Social History

Where were you born/raised?:

Siblings: # of brothers ___ # of sisters _____

Who primarily raised the patient? _____

If you have children, specify # and ages: _____

Current living situation (housing, with whom?): _____

Family History of Mental Illness, and or addiction (which relative and which mental illness):

Employment

What is the current employment status? Employed ___ Unemployed ___ Retired ___ in the Military ___

Disable _____

Education

Highest grade completed _____: College Grad ___ College Undergrad ___ High School ___ Elementary ___

If in school, name it : _____

Religious/Spiritual background: Yes ___ No ___ _____

Issues Affecting Patient:

Finances ___ School ___ Family relationships ___ Social relationships ___ Safety ___ Legal _____

Cognitive functioning ___ Physical health ___ Housing ___ Impulse control ___ Immigration _____

Other: _____

Developmental History : (For Minors only)

Milestones: What age did patient seat __, crawled __, walked __, talked __ how was emotional behavior _____

Risk of Harm:

History of suicidal attempts: No ___ Yes ___ When? _____

Thoughts of harm yourself?

Never _____

Yes right now _____,

Yes ___ last 30 days _____

Yes ___ last year _____

Historical/over a year _____

Have you had thoughts of harm others?

Never _____

Yes right now _____,

Yes ___ last 30 days _____

Yes ___ last year _____

Historical/over a year _____

Have you ever been hospitalized for a psychiatric condition? No __, Yes ___ Date _____ Where? _____

Currently using Alcohol, Drugs: Yes ___ No __, If yes describe what and frequency _____

Patient Signature or Parent/Guardian _____ Date _____